



Sport



What is the course about?

Sport within The Sixth Form ensures that the learner covers a wide variety of modular based topics and gives students extensive opportunities to develop knowledge and skills in the sports sector. Throughout the course, learners access different experiences in a number of different sporting contexts. Units covered vary from Anatomy and Physiology to Sports nutrition and Exercise massage to fitness training and programming.

What type of study skills are used in this course?

Essentially, note taking and essay writing are the basic building blocks for gathering information together. By 'Making theory Practical' will learn in a more interactive environment. There is a strong emphasis on leadership skills as well as focusing on other skills such as collaborative learning and analysis of performance. Alongside discussion and debate, independent research will be vital as students will be encouraged to find out key information for themselves.

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How will I be assessed? When will I be assessed?

Assessment methods are varied within Sport, allowing different styles of learners to express themselves. Both practical and written styles of assessment are used throughout each of the courses available. ICT has been carefully and specifically embedded into the way that modules are now assessed. Across The Sixth Form, modules will be assessed at regular intervals with deadlines to ensure progression. Assessment takes a variety of forms including written Assignments, Presentations and Video / Audio analysis.

What special opportunities are there on this course? What career might this course lead to?

There are a number of different enrichment opportunities for students to access whilst studying Sport. These include various NGB courses along with other accredited qualifications such as HSLA (30 UCAS points). Work experience within the sports industry and visits to local Universities ensures a full understanding of the progressions from the course.

What could I go on to study after this course?

This course is designed to give learners the opportunity to access many sports related careers and further education pathways. The course provides the basic building blocks for careers such as coaching, teaching and physiotherapy.

